

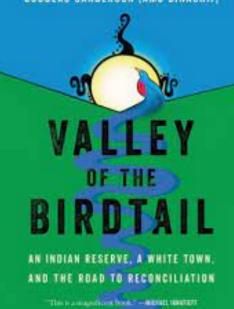


Click to watch the

Around town.



Silent Protest @ the University of Lethbridge regarding the invitation of **Residential School** denialist



authors discuss the book: "Valley of the **Birdtail: An Indian** Reserve, A white town, and the road to reconciliation"

Exhibits at CASA



Hali Heavy Shield -Postcards from the Rez

Exhibition Opening January 28, 7pm -9pm Hali Heavy Shield - Postcards from the Rez Nato'yi'kina'soyi Holy Light that Shines Bright/ Hali Heavy Shield is a multidisciplinary artist and educator from the Blood Tribe (Kainai) of southern Alberta. Hali's work is influenced by experiences in her home community, including Blackfoot stories, significant sites, family, [...]

SERIES: Gallery Exhibition

DATE: January 28, 2023 - March 25, 2023



John Chief Calf - Past, Present, and Friendship

Exhibition Opening January 28, 7pm - 9pm John Chief Calf - Past, Present, and Friendship Aapoyaawa, Fair Brown Chief Calf, was my adopted Grandfather. He had a profound influence on me as a child. I remember he would take for walks and I would help him pick his herbal medicine. I understood as a [...]

SERIES: Gallery Exhibition

DATE: January 28, 2023 - March 25, 2023

LOCATION: Casa - Concourse Gallery

Indigenous cooking classes



Indigenous Youth Cooking Program

This is a great opportunity for youth to cook many different recipes, including traditional recipes, learn from Elders, discover how nutrition is important for the mind, body, heart, and spirit and learn new skills in the kitchen.

> 7 sessions: Every Thursday from February 16 - March 30, 2023 4:15pm-6:15pm

- Each session provides:
- A recipe and all ingredients (plus extra to take home to
- your family) Information on nutrition
- Information on kitchen and food safety

Cooking classes create connections and help bring a sense of well-being to everyone!

For more information or to register please contact Janine Jackson 403 320 4232 ext 215 or janine.jackson@famcentre.ca

Family Centre Suite 225, 200-4 Ave.S. acebook: elethbridgefamilycentr Linstagram: efamilycentreyql Linkedin: eFamily Centre Society of Southern Alberta Helpseeker: Family Centre Lethbridge, AB TIJ 4C9 403-320-4232 ebsite: www.famcentre.co

Women's memorial art walk

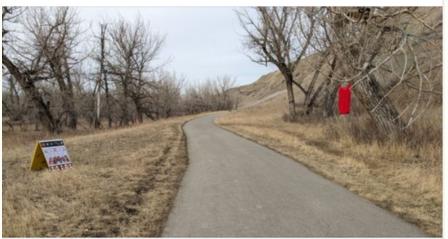


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Last day to submit for display February 7, 2023, noon. (Artwork submitted after deadline will be displayed in 2024).

If you would like to contribute to the Artboard, please email admin@ailethbridge.com

Art will be printed on chloroplast signs Dimensions: Height 32" X Width 24" The chloroplast sign will then be attached with screws into 32" X 24 " A frame signs



☆ Interested

TUE, FEB 14 AT 1 PM 2023 Women's Memorial March Artboard Walk Feb. 14 - March 18 Nature Reserve Park - Coalbanks Trail Nature Centre Parking Lot Start 49,699549 -112,860305





Kitsikakomimm



CALL FOR PARTICIPATION!

The Lethbridge School Division Indigenous Education Department would like to invite you to be a part of the Kitsikakomimm project.

Our goal is to collect donations for the SAGE Clan. The SAGE clan is a grassroots community patrol that specializes in helping the homeless and those suffering from addiction. The SAGE clan patrols at night in the Lethbridge downtown area and provides snacks, water, clothes, and a person to talk to.

High schools and middle schools collecting:

- water
- hygiene items
- socks
- gloves
- hats, etc.

Elementary schools collecting:

- valentines cards
- pictures
- inspirational notes

Highlights....

All cards, pictures, and notes can be sent to Melanie Morrow @ Division Office!



BLACKFOOT WORDS

Love

Kitsikakomimm (git-si-ga-go-mimm)

Be brave

iiyikitapiiyi (ii-ga-gee-mat)

Hope

itotsiihtaa (e-dots-sih-da)

<u>Happy</u>

i'taam (e-dahm)

Beautiful

niitsi (nit-seew)

Show kindness

ikimm (ik-imm)

Work Hard

iika'kimaat (ig-ga-gee-mat)

Feel grateful/be appreciative

iniiyi'taki (inii-yi-daki)



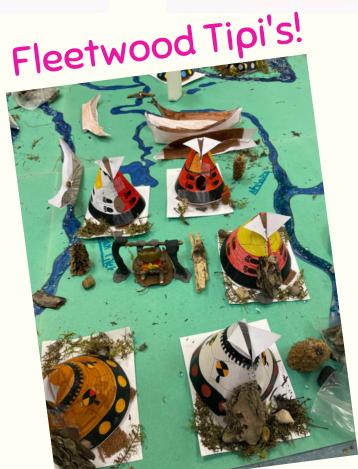
Lakeview Inuit Kit! Lakeview Buffalo Kit! Bulletin boards at Lakeview!

Lethbridge Christian Literacy Night



Beautiful new rug above the Park Meadows front office!







Fleetwood Buffalo Kit

