



BEST USES OF RAC

Best uses

- Reduce barriers
- Build hope, competence
- Stand alone service (*77%)
- Between other services
- Talk therapy
- Video (phone)
- Bite-sized

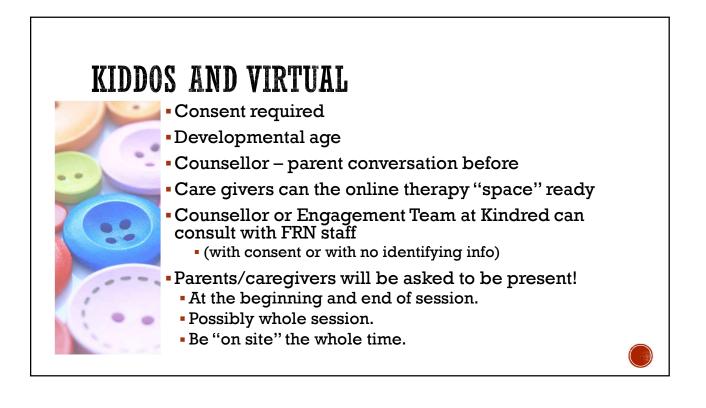
Edges

- Full-on play therapy
- Consent for minors required

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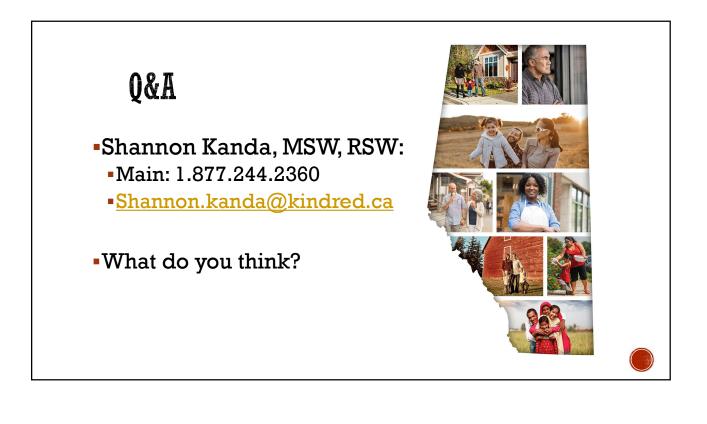
 <u>Direct</u> intervention for major mental health concerns



BOOKING: DEMO

Landing page: <u>www.racalberta.ca</u>

- 1. Calendar: Pick a time
- 2. Create Account
- 3. Short Intake and Consent (FRN region required)
- Automatic email confirmation
 If minor additional contact from therapist in advance
- Clients or staff can contact Kindred's Family Engagement and Resource Team for support. 1.877.244.2360



FRN/JANEApp	<u>CCYYC</u>	CCYYC
Under 18/ parenting	• Over 18/not parenting	• Anyone
FREE	\$0.00-\$185.00	\$0-\$185 (Free < 18/parenting
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